

# Arthritis Care Specialists of Maryland

**DR. MELISSA HAWKINS-HOLT, MD, FACR, FAAP**

**DR. MOE T. ZAN, MD, FACR**

To our patients: All co-pays and balances are due at the time of service. If your insurance requires a referral please make sure you bring a copy with you.

## Patient Registration:

Name: \_\_\_\_\_ Social Security #: \_\_\_\_\_  
Street: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Marital Status: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
Employer/School: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
E-MAIL: \_\_\_\_\_ Pharmacy: \_\_\_\_\_ Phone# \_\_\_\_\_

## Party Responsible if Other Than Patient:

Policy Holder: \_\_\_\_\_ Social Security #: \_\_\_\_\_  
Address: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Employer: \_\_\_\_\_

## Primary Care Physician:

Name: \_\_\_\_\_ Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Address con't: \_\_\_\_\_

Emergency Contact Person: \_\_\_\_\_

Advance Directives: (Circle One) No Yes Please provide copy if yes.

**Medicare Authorization For Assignment of Benefits**  
I authorize payment of Medical Benefits to the above physician:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I understand that I am personally responsible for any amounts not covered by my insurance for medical services rendered and charged for broken appointments. I hereby assign to the above physician all payments received by me, or my dependants for such medical services rendered that have not been paid in full.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Written Notice of Disclosure:

This notice is to inform all patients that this practice has a partial ownership and financial interest in a physician office lab and radiology service that is available to some patients. This clinical laboratory and radiology service may be used for testing if a valid need exists for the service. Any patient may choose to obtain these healthcare services from another health care entity.

# Arthritis Care Specialists of Maryland

## Patient History Form

Name: \_\_\_\_\_ - Birth date: \_\_\_\_\_  
LAST FIRST MIDDLE INITIAL MAIDEN MONTH DAY YEAR

Date of first appointment: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Time of appointment: \_\_\_\_\_ Birthplace: \_\_\_\_\_  
MONTH DAY YEAR

Address: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: F  M   
STREET APT# Telephone: Home \_\_\_\_\_  
CITY STATE ZIP Work \_\_\_\_\_

MARITAL STATUS:  Never Married  Married  Divorced  Separated  Widowed

Spouse/Significant Other:  Alive/Age \_\_\_\_\_  Deceased/Age \_\_\_\_\_ Major illnesses \_\_\_\_\_

EDUCATION (circle highest level attended):

Grade School 7 8 9 10 11 12 College 1 2 3 4 Graduate School \_\_\_\_\_

Occupation \_\_\_\_\_ Number of hours worked/average per week \_\_\_\_\_

Referred here by: (check one)  Self  Family  Friend  Doctor  Other Health Professional

Name of person making referral: \_\_\_\_\_

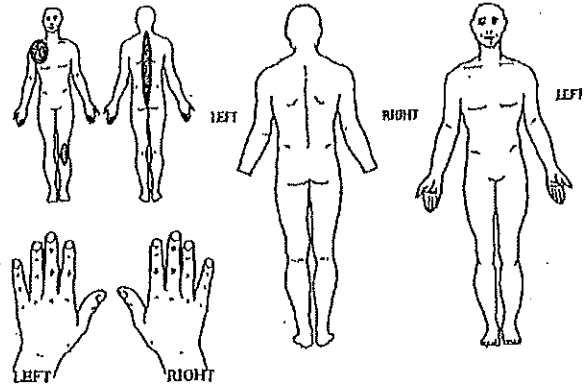
The name of the physician providing your primary medical care: \_\_\_\_\_

Do you have an orthopedic surgeon?  Yes  No If yes, Name: \_\_\_\_\_

Describe briefly your present symptoms: \_\_\_\_\_

Please shade all the locations of your pain over the past week on the body figures and hands.

Example:



Date symptoms began (approximate): \_\_\_\_\_ Example

Diagnosis: \_\_\_\_\_

Previous treatment for this problem (include physical therapy, surgery and injections; medications to be listed later)

\_\_\_\_\_  
 \_\_\_\_\_

Please list the names of other practitioners you have seen for this problem:

\_\_\_\_\_  
 \_\_\_\_\_

### RHEUMATOLOGIC (ARTHRITIS) HISTORY

Yourself	Relative Name/Relationship	Yourself	Relative Name/Relationship
			Lupus or "SLE"
			Rheumatoid Arthritis
			Ankylosing Spondylitis
			Osteoporosis

Other arthritis conditions: \_\_\_\_\_

Patient's Name \_\_\_\_\_ Date \_\_\_\_\_ Physician Initials \_\_\_\_\_

Adapted from CLINHAQ, Wolfa F and Pincus T. Current Comment - Listening to the patient - A practical guide to self report questionnaires in clinical care. Arthritis Rheum. 1993;32 (9):1797-808. Used by permission.

**Arthritis Care Specialists  
6350 Stevens Forest Rd. Suite 101  
Columbia MD 21046**

**Adult Rheumatology  
Pediatric Rheumatology**

**Notice of Privacy Practices**

At Arthritis Care Specialists we have always kept your health information confidential. The law requires us to continue maintaining your privacy, and to give you this notice and to follow the terms of this notice.

The law permits us to use or disclose your health information to those involved in your treatment. We may use your health information to obtain payment from your insurance company, and/or to report your progress to them. We may use or disclose your healthcare information for our normal healthcare operations.

We may share your healthcare information with our business associates, such as our billing service. We have a written contract with each business associate that requires them to protect your privacy.

We may call to remind you of your appointments, if you are not home, we may leave a message with this information on your answering machine. We may use your information to contact you.

If the practice is sold, your information will become the property of the new owner unless the practice notifies you otherwise.

Except as described above, this practice will not use or disclose your health information without your prior written authorization.

You have the right to transfer copies of your health information to another practice. We will mail your files for you, after written authorization is obtained from you.

You have the right to see and obtain copies of your healthcare information, after written authorization is obtained.

You have the right to request your health information be amended or changed. You must request amendments or changes in writing. You have the right to copies of your health information. Written authorization must be obtained before copies can be released. We may charge you a reasonable fee for this service.

You have a right to receive a copy of this notice. If this practice changes the details of this notice, you will be notified in writing.

**Acknowledgement: I have received a copy of the Notice of Privacy Practices from Arthritis Care Specialists**

**Signed:** \_\_\_\_\_ **Print Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **If signing as a parent or guardian, please provide the patient name:**

\_\_\_\_\_

**Arthritis Care Specialists of Maryland  
6350 Stevens Forest Rd. Suite 101  
Columbia MD 21046**

**Adult Rheumatology  
Pediatric Rheumatology  
Physical Medicine/Pain Management**

**Office Billing Policy**

1. Payment is due at the time of service unless other arrangements have been made in advance.
2. For those patients who sign an Assignment of Benefit form and the insurance companies pay us directly, a co-payment will be required at the time of the office visit.
3. An interest of 1.5 % per month will be added to patients' balance 30 days after insurance payment is received, should there be no payment or arrangements for payment previously worked out with the office.
4. For those patients with outstanding balances, it is the patient's responsibility to contact the office and make payment arrangements that are mutually agreed upon. In the event full payment or payment arrangements are not made, after 90 days, accounts will be forwarded to a collection agency.
5. Missed appointments will be subject to a \$55.00 charge for new patients, and a \$25.00 charge for follow-up patients unless reasonable notice (24 hours) is given, or an appropriate explanation is obtained.
6. Any checks returned will be subject to a returned check fee.
7. If for any reason your services are sent to collections or litigation there will be an additional fee added to your bill. Patients sent to the collection agency may be subject to dismissal from the practice. Patients being dismissed will be given 30 days to acquire a new Rheumatologist.

Balances and co-payments may be made payable by cash, check, or credit card. The office will be happy to discuss any questions at the patient's request. We look forward to providing you with quality health care.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Revised September 2010

# Arthritis Care Specialists of Maryland

Adult Rheumatology    Pediatric Rheumatology  
6350 Stevens Forest Rd., Suite 101, Columbia, MD 21046

**Phone (410) 992-7440**

**Fax (410) 992-4441**

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Stephen W. George, MD, FACP, FAAP    Thomas J. Lang, MD, PhD, FACP    Melissa Hawkins-Holt, MD, FACP, FAAP  
Moe T. Zan, MD, FACP    Marilyn Lorenzo, MD, FACP    Shabnam Ali, MD, FACP    David Arconti, C-PA    Alyssa Metzler, C-PA

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**We have chosen to participate in the Chesapeake Regional Information System for our Patients (CRISP), a regional health information exchange serving Maryland and D.C. As permitted by law, your health information will be shared with this exchange in order to provide faster access, better coordination of care and assist providers and public health officials in making more informed decisions. You may “opt-out” and disable access to your health information available through CRISP by calling 1-877-952-7477 or completing and submitting an Opt-Out form to CRISP by mail, fax or through their website at [www.crisphealth.org](http://www.crisphealth.org). Public health reporting and Controlled Dangerous Substances information, as part of the Maryland Prescription Drug Monitoring Program (PDMP), will still be available to providers.**

**We are also participating with Surescript Care Quality Record Locator Service. If you do not want to participate you can call our office and opt-out.**

## **DISCLOSURE TO FAMILY/FRIENDS TREATMENT AUTHORIZATION**

I do not want Arthritis Care Specialists of Maryland (“Provider”) to disclose any information concerning my care or treatment by Provider to individuals without my express written consent or legal authorization.

I Authorize Provider to disclose information related to my care and treatment to the following individuals

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**MEDICATIONS**

Drug allergies:  No  Yes To what? \_\_\_\_\_

Type of reaction: \_\_\_\_\_

**PRESENT MEDICATIONS** (List any medications you are taking. Include such items as aspirin, vitamins, laxatives, calcium and other supplements, etc.)

Name of Drug	Dose (include strength & number of pills per day)	How long have you taken this medication	Please check: Helped?		
			A Lot	Some	Not At All
1.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**PAST MEDICATIONS** Please review this list of "arthritis" medications. As accurately as possible, try to remember which medications you have taken, *how long* you were taking the medication, the *results* of taking the medication and list any *reactions* you may have had. Record your comments in the spaces provided.

Drug names/Dosage	Length of time	Please check: Helped?			Reactions
		A Lot	Some	Not At All	
<b>Non-Steroidal Anti-Inflammatory Drugs (NSAIDs)</b>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Circle any you have taken in the past					
Anseid (Ibuprofen)	Arthrotec (diclofenac + misoprostil)	Aspirin (including coated aspirin)	Celebrex (celecoxib)	Clinoril (sulindac)	
Daypro (oxaprozin)	Disalcid (salsalate)	Dolobid (diflunisal)	Feldene (piroxicam)	Indocin (indomethacin)	Lodine (etodolac)
Meclofen (meclizemate)	Motrin/Rufen (Ibuprofen)	Nalfon (fenoprofen)	Naprosyn (naproxen)	Oruvail (ketoprofen)	
Tolactin (tolmetin)	Trilisate (choline magnesium trisalcylate)	Vioxx (rofecoxib)	Voltaren (diclofenac)		
<b>Pain Relievers</b>					
Acetaminophen (Tylenol)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Codeine (Vicodin, Tylenol 3)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Propoxyphene (Darvon/Darvocet)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Disease Modifying Antirheumatic Drugs (DMARDs)</b>					
Auranofin, gold pills (Ritdara)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Gold shots (Myochrysin or Solganol)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hydroxychloroquine (Plaquenil)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Penicillamine (Cuprimine or Depen)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Methotrexate (Rheumatrex)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Azathioprine (Imuran)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Sulfasalazine (Azulfidine)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Quinacrine (Atebrine)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cyclophosphamide (Cytoxan)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cyclosporine A (Sandimmune or Neoral)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Etanercept (Enbrel)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Infliximab (Remicade)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Prosorba Column		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Patient's Name \_\_\_\_\_ Date \_\_\_\_\_ Physician Initials \_\_\_\_\_  
 Patient History Form © 1999 American College of Rheumatology

PAST MEDICATIONS Continued

Osteoporosis Medications					
Estrogen (Premarin, etc.)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Alendronate (Fosamax)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Etidronate (Didronel)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Raloxifene (Evista)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Fluoride		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Calcitonin injection or nasal (Miacalcin, Calcimar)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Risedronate (Actonel)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Gout Medications					
Probenecid (Banemid)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Colchicine		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Allopurinol (Zyloprim/Lopurin)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Others					
Tamoxifen (Nolvadex)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Tiludronate (Skelid)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cortisone/Prednisone		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hyalgan/Synvisc Injections		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Herbal or Nutritional Supplements		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Please list supplements:					

Have you participated in any clinical trials for new medications?  Yes  No

If yes, list:

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Patient's Name \_\_\_\_\_

Date \_\_\_\_\_

Physician Initials \_\_\_\_\_



**SOCIAL HISTORY**

Do you drink caffeinated beverages?  
 Cups/glasses per day? \_\_\_\_\_

Do you smoke?  Yes  No  Past -- How long ago? \_\_\_\_\_

Do you drink alcohol?  Yes  No Number per week \_\_\_\_\_

Has anyone ever told you to cut down on your drinking?  
 Yes  No

Do you use drugs for reasons that are not medical?  Yes  No  
 If yes, please list: \_\_\_\_\_

Do you exercise regularly?  Yes  No  
 Type \_\_\_\_\_  
 Amount per week \_\_\_\_\_

How many hours of sleep do you get at night? \_\_\_\_\_

Do you get enough sleep at night?  Yes  No

Do you wake up feeling rested?  Yes  No

**Previous Operations**

Type	Year	Reason
1.		
2.		
3.		
4.		
5.		
6.		
7.		

Any previous fractures?  No  Yes Describe: \_\_\_\_\_

Any other serious injuries?  No  Yes Describe: \_\_\_\_\_

**FAMILY HISTORY:**

	IF LIVING		IF DECEASED	
	Age	Health	Age at Death	Cause
Father				
Mother				

Number of siblings \_\_\_\_\_ Number living \_\_\_\_\_ Number deceased \_\_\_\_\_

Number of children \_\_\_\_\_ Number living \_\_\_\_\_ Number deceased \_\_\_\_\_ List ages of each \_\_\_\_\_

Health of children: \_\_\_\_\_

Do you know of any blood relative who has or had: (check and give relationship)

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> Cancer _____   | <input type="checkbox"/> Heart disease _____       | <input type="checkbox"/> Rheumatic fever _____ | <input type="checkbox"/> Tuberculosis _____ |
| <input type="checkbox"/> Leukemia _____ | <input type="checkbox"/> High blood pressure _____ | <input type="checkbox"/> Epilepsy _____        | <input type="checkbox"/> Diabetes _____     |
| <input type="checkbox"/> Stroke _____   | <input type="checkbox"/> Bleeding tendency _____   | <input type="checkbox"/> Asthma _____          | <input type="checkbox"/> Goiter _____       |
| <input type="checkbox"/> Collitis _____ | <input type="checkbox"/> Alcoholism _____          | <input type="checkbox"/> Psoriasis _____       |   |

Patient's Name \_\_\_\_\_ Date \_\_\_\_\_ Physician initials \_\_\_\_\_

**PAST MEDICAL HISTORY**

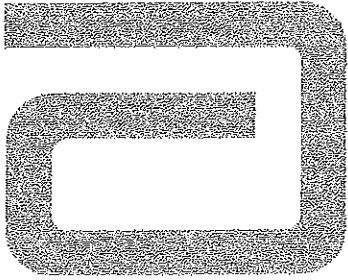
Do you now or have you ever had: (check if "yes")

<input type="checkbox"/> Cancer	<input type="checkbox"/> Heart problems	<input type="checkbox"/> Asthma
<input type="checkbox"/> Goiter	<input type="checkbox"/> Leukemia	<input type="checkbox"/> Stroke
<input type="checkbox"/> Cataracts	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Epilepsy
<input type="checkbox"/> Nervous breakdown	<input type="checkbox"/> Stomach ulcers	<input type="checkbox"/> Rheumatic fever
<input type="checkbox"/> Bad headaches	<input type="checkbox"/> Jaundice	<input type="checkbox"/> Collitis
<input type="checkbox"/> Kidney disease	<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Psoriasis
<input type="checkbox"/> Anemia	<input type="checkbox"/> HIV/AIDS	<input type="checkbox"/> High Blood Pressure
<input type="checkbox"/> Emphysema	<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Tuberculosis

Other significant illness (please list) \_\_\_\_\_

Natural or Alternative Therapies (chiropractic, magnets, massage, over-the-counter preparations, etc.) \_\_\_\_\_





# Health Assessment Questionnaire-Disability Index

STANFORD UNIVERSITY SCHOOL OF MEDICINE, DIVISION OF IMMUNOLOGY AND RHEUMATOLOGY

Name \_\_\_\_\_ Date \_\_\_\_\_

The following questions are designed to help us assess how your illness affects your ability to function in daily life.

Please mark "x" in the response that best describes your usual abilities OVER THE PAST WEEK:

	Without ANY difficulty 0	With SOME difficulty 1	With MUCH difficulty 2	Unable to do 3	This column for physician use only HIGHEST score
<b>Dressing and Grooming</b>					
Are you able to: —Dress yourself, including tying shoelaces and doing buttons?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
—Shampoo your hair?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

<b>Arising</b>					
Are you able to: —Stand up from a straight chair?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
—Get in and out of bed?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

<b>Eating</b>					
Are you able to: —Cut your meat?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
—Lift a full cup or glass to your mouth?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
—Open a new milk carton?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

<b>Walking</b>					
Are you able to: —Walk outdoors on flat ground?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
—Climb up five steps?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Please mark "x" in any AIDS or DEVICES that you usually use for any of these activities:

<input type="checkbox"/> Cane	<input type="checkbox"/> Wheelchair	<input type="checkbox"/> Built-up or special utensils	<input type="checkbox"/> Other (Specify):	<input type="checkbox"/>
<input type="checkbox"/> Walker	<input type="checkbox"/> Devices used for dressing (button hook, zipper pull, long shoehorn, etc)	<input type="checkbox"/> Special or built-up chair	_____	
<input type="checkbox"/> Crutches				

SUBTOTAL  
Bring to top of next page

Please mark "x" in any categories for which you usually need HELP FROM ANOTHER PERSON:

<input type="checkbox"/> Dressing and grooming	<input type="checkbox"/> Arising	<input type="checkbox"/> Eating	<input type="checkbox"/> Walking	Continued on other side ▶
--	----------------------------------	---------------------------------	----------------------------------	---------------------------



**Abbott**  
A Promise for Life

This column for physician use only

Please mark "x" in the response that best describes your usual abilities OVER THE PAST WEEK:

	Without ANY difficulty 0	With SOME difficulty 1	With MUCH difficulty 2	Unable to do 3
<b>Hygiene</b>				
Are you able to: --Wash and dry your body?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--Take a tub bath?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--Get on and off the toilet?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

SUBTOTAL From bottom of page 1

HIGHEST score

<b>Reach</b>				
Are you able to: --Reach and get down a 5-pound object (such as a bag of sugar) from just above your head?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--Bend down and pick up clothing from the floor?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>Grip</b>				
Are you able to: --Open car doors?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--Open jars which have been previously opened?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--Turn faucets on and off?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>Activities</b>				
Are you able to: --Run errands and shop?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--Get in and out of a car?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--Do chores such as vacuuming or yard work?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please mark "x" in any AIDS or DEVICES that you usually use for any of these activities:

<input type="checkbox"/> Raised toilet seat	<input type="checkbox"/> Bathtub bar	<input type="checkbox"/> Other (Specify): _____
<input type="checkbox"/> Bathtub seat	<input type="checkbox"/> Long-handled appliances for reach	
<input type="checkbox"/> Jar opener (for jars previously opened)	<input type="checkbox"/> Long-handled appliances in bathroom	

Total

Please mark "x" in any categories for which you usually need HELP FROM ANOTHER PERSON:

<input type="checkbox"/> Hygiene	<input type="checkbox"/> Reach	<input type="checkbox"/> Gripping and opening things	<input type="checkbox"/> Errands and chores
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Number of answered groups

We are also interested in learning whether or not you are affected by pain because of your illness.

Total HAQ Disability Score

How much pain have you had because of your illness IN THE PAST WEEK:

NO PAIN	SEVERE PAIN
0	100

Total Pain Score

PLACE A VERTICAL (|) MARK ON THE LINE TO INDICATE THE SEVERITY OF THE PAIN.

## DIRECTIONS TO 6350 STEVENS FOREST RD., SUITE 101

From I 95, take exit for Route 32 West. In 2.5 miles, take exit for Route 29 North. Take exit for Broken Land Parkway East and make first right turn onto Stevens Forest Road. We are in the large brick medical building on the right side, just past the gas station.

From West Baltimore, take 695 to I 70 West. Take exit for Route 29 South. In about 6 miles, take exit for Broken Land Parkway and stay to the right to go east. Make right at the first traffic light onto Stevens Forest Rd. We are in the large brick medical building on the right side, just past the gas station.

From Clarksville, Sykesville, Eldersburg or Westminster, take Route 32 South (past Clarksville) to Route 29 North. Take exit for Broken Land Parkway East. Turn right at the first light onto Stevens Forest Rd. We are in the large brick medical building on the right side, just past the gas station.

From Frederick, Take I 70 East to Route 32 South. Take exit for Route 29 North. Take exit for Broken Land Parkway East. Turn right at the first light onto Stevens Forest Rd. We are in the large brick medical building on the right side, just past the gas station.

From Silver Spring, take Route 29 north. Take exit for Broken Land Parkway East. Turn right at the first light onto Stevens Forest Rd. We are in the large brick medical building on the right side, just past the gas station.

From Bay Bridge or Annapolis, take Route 50 West to 97 North to Route 32 West to Route 29 North. Take exit for Broken Land Parkway East. Turn right at the first light onto Stevens Forest Rd. We are in the large brick medical building on the right side, just past the gas station.